

Game Format

1. Size 3 “mini” basketballs are used for the kindergarten and kindergarten / first grade combined leagues. Size 5 “junior” basketballs are used for the 1st grade, 2nd grade, and 3rd grade leagues.
2. There are five 8-minute periods of play. Players will be rotated at the end of each 8-minute period.
3. No score is kept.
4. Each player is assigned a number by the coach for the substitution rotation.
5. Kids are matched up by height and ability with their opponent and will wear a color-coordinated wristband. This helps them know whom they are guarding.
6. Game play will be half-court man-to-man defense only. No pressing. No double teams.
7. No stealing off the dribble, or out of a player’s hands
8. Coaches will serve as refs on the court. 3rd grade leagues will have hired refs.
9. Coaches will be liberal in enforcing violations such as double dribbles, traveling, etc.
10. No free throws – inbound all fouls from nearest point of contact.